

Time	Monday	Time	Tuesday	Time	Wednesday	Time	Thursday	Time	Friday	Time	Saturday	Time	Sunday	
6:00-6:45	Wake-up Vitals/Weights Medications	6:00-6:45	Wake-up Vitals/Weights Medications	6:00-6:45	Wake-up Vitals/Weights Medications	6:00-6:45	Wake-up Vitals/Weights Medications	6:00-6:45	Wake-up Vitals/Weights Medications					
6:45-7:45	Bathroom	6:45-7:45	Bathroom	6:45-7:45	Bathroom	6:45-7:45	Bathroom	6:45-7:45	Bathroom	7:00-8:00	Wake-up Vitals/Weights Medications	7:00-8:00	Wake-up Vitals/Weights Medications	
8:00-8:45	Breakfast	8:00-8:45	Breakfast	8:00-8:45	Breakfast	8:00-8:45	Breakfast	8:00-8:45	Breakfast	7:45-8:45	Bathroom	7:45-8:45	Bathroom	
8:45-10:45	School	8:45-10:45	School	8:45-10:45	School	8:45-10:45	School	8:45-10:45	School	9:00-9:45	Breakfast	9:00-9:45	Breakfast	
10:30-10:45	Snack	10:30-10:45	Snack	10:30-10:45	Snack	10:30-10:45	Snack	10:30-10:45	Snack	10:00-12:00	Downtime/ Visiting Hours	10:00-12:00	Religious Services Downtime/ Visiting Hours	
10:45-11:45	Community Meeting	10:45-11:45	Community Meeting	10:45-11:45	Community Meeting	10:45-11:45	Community Meeting	10:45-11:45	Community Meeting	10:45-11:45	Snack	10:45-11:45	Snack	
11:45-12:00	Bathroom/Medications	11:45-12:00	Bathroom/Medications	11:45-12:00	Bathroom/Medications	11:45-12:00	Bathroom/Medications	11:45-12:00	Bathroom/Medications	12:00-12:45	Community Meeting	12:00-12:45	Community Meeting	
12:00-12:45	Lunch	12:00-12:45	Lunch	12:00-12:45	Lunch	12:00-12:45	Lunch	12:00-12:45	Lunch	12:45-1:00	Bathroom/Medications	12:45-1:00	Bathroom/Medications	
1:00-1:45	Process Group	1:00-1:45	Body Image	1:00-1:45	Process Group	1:00-1:45	Body Image	1:00-1:45	Process Group	1:00-1:45	Lunch	1:00-1:45	Lunch	
1:45-2:45	Rest/Downtime	1:45-2:45	Rest/Downtime	1:45-2:45	Rest/Downtime	1:45-2:45	Rest/Downtime	1:45-2:45	Rest/Downtime				Identity	
2:45-3:00	Snack	2:45-3:00	Snack	2:45-3:00	Snack	2:45-3:00	Snack	2:45-3:00	Snack	2:00-3:45	Games	Outing	2:00-3:45	Rest/Downtime
3:00-4:30	DBT/CBT Skills	3:00-4:30	Nutrition	3:00-4:30	Expressive Arts	3:00-4:30	Expressive Arts	3:00-4:30	DBT/CBT Skills	3:45-4:00	Snack	3:45-4:00	Snack	
4:30-4:45	Bathroom/Medications	4:30-4:45	Bathroom/Medications	4:30-4:45	Bathroom/Medications	4:30-4:45	Bathroom/Medications	4:30-4:45	Bathroom/Medications	4:00-5:30	Recovery Journal Visiting Hours	4:00-5:30	Recovery Journal Visiting Hours	
5:00-5:45	Dinner	5:00-5:45	Dinner	5:00-5:45	Dinner	5:00-5:45	Dinner	5:00-5:45	Dinner	5:30-5:45	Bathroom/Medications	5:30-5:45	Bathroom/Medications	
5:45-6:00	Wrap-up Group	5:45-6:00	Wrap-up Group	5:45-6:00	Wrap-up Group	5:45-6:00	Wrap-up Group	5:45-6:00	Wrap-up Group	6:00-6:45	Dinner	6:00-6:45	Dinner	
6:00-6:15	Mindfulness Group	6:00-6:15	Mindfulness Group	6:00-6:15	Mindfulness Group	6:00-6:15	Mindfulness Group	6:00-6:15	Mindfulness Group	6:45-7:00	Wrap-up Group	6:45-7:00	Wrap-up Group	
6:15-6:45	Anxiety Tools	6:15-6:45	Anxiety Tools	6:15-6:45	Anxiety Tools	6:15-6:45	Anxiety Tools	6:15-6:45	Anxiety Tools				Mindfulness Group	
6:45-8:00	Rest/Downtime	6:45-8:00	Rest/Downtime	6:45-8:00	Rest/Downtime	6:45-8:00	Rest/Downtime	6:45-8:00	Rest/Downtime				Downtime/ Homework	
8:00-8:15	Snack	8:00-8:15	Snack	8:00-8:15	Snack	8:00-8:15	Snack	8:00-8:15	Snack	7:00-9:00	Movie	7:00-9:00	Snack	
8:30-9:30	Bathroom/Medications	8:30-9:30	Bathroom/Medications	8:30-9:30	Bathroom/Medications	8:30-9:30	Bathroom/Medications	8:30-9:30	Bathroom/Medications	9:00-9:15	Snack	9:00-9:15	Bathroom/Medications	
9:30-10:00	Bedtime	9:30-10:00	Bedtime	9:30-10:00	Bedtime	9:30-10:00	Bedtime	9:30-10:00	Bedtime	9:30-10:30	Bathroom/Medications	9:30-10:30	Bedtime	
										10:30-11:00	Bedtime			