



Fact Sheet

Basics

- A national center for eating disorders recovery providing comprehensive treatment for anorexia, bulimia and EDNOS.
- Collaborative programs provide a full spectrum of services for male and female children, adolescents and adults, including inpatient, residential, partial hospitalization, intensive outpatient and outpatient services.
- Close proximity to two major hospitals allows for seamless transition to acute care if medical intervention is necessary.
- Founded in October 2008. Led by eating disorders industry thought leaders, Drs. Ken Weiner, Craig Johnson, Emmett (Rick) Bishop, Jr., and Ovidio Bermudez.

Facilities

**Eating Recovery Center
Behavioral Hospital for Adults**
Men & women ages 17 and older
1830 Franklin Street, Suite 500
Denver, CO 80218

**Eating Recovery Center Behavioral
Hospital for Children and Adolescents**
Girls & boys ages 10 through 17
8140 E. 5th Avenue
Denver, CO 80230

**Eating Recovery Center
Outpatient Services**
Adults, adolescents & children
600 S. Cherry Street, Suite 600
Glendale, CO 80246

Programs and Services

- 24 beds for inpatient and residential patients in the adult hospital; 17 beds in the child and adolescent hospital.
- Additional availability for partial hospitalization program participants.
- Offsite apartments available for partial hospitalization program participants.
- Outpatient services available.

	Adult	Child and Adolescent
Culinary classroom	✓	
Culinary services	✓	✓
Therapy groups	✓	✓
Expressive arts therapies	✓	✓
Individual and family therapy	✓	✓
Massage Therapy	✓	
Medical management	✓	✓
Nutritional counseling	✓	✓
On-site teacher to help patients to remain in school		✓
Psychiatric evaluation and treatment	✓	✓
Relapse prevention activities	✓	✓
Technology-based treatment		✓
Yoga and movement therapy	✓	

Treatment Philosophy

Eating Recovery Center's integrated approach focuses on giving patients and families the tools to learn lasting behavioral change.

Leveraging decades of treatment experience, Eating Recovery Center's leadership team has meticulously designed a comprehensive care model that integrates medical, psychiatric, nutritional, nursing and psychological treatment in to one peaceful, safe, healing recovery environment. Developmentally specific assessments assist the treatment team in designing individualized treatment plans.

Research

Eating Recovery Center's leadership team has long played an active role in the research that has led to the development and dissemination of evidenced-based treatment. The Center is focused on introducing innovative approaches to improve patient outcomes and facilitate lasting recovery.

Partnership with Denver Health's A.C.U.T.E. Program

Extremely low-weight patients in a life-threatening condition may require medical stabilization prior to admission. In such circumstances, Eating Recovery Center partners with Dr. Phil Mehler, Chief Medical Officer at Denver Health Medical Center and expert on the medical complications of eating disorders, to provide medical treatment through the A.C.U.T.E. (Acute Comprehensive Urgent Treatment for Eating Disorders) program, located at Denver Health.

Insurance Contracts

- Aetna
- Beech Street
- Blue Cross/Blue Shield
- Cigna
- Humana/Lifesynch
- PHCS Multiplan

Please contact us for updates on additional contracts



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Levels of Care

	Adult	Child and Adolescent
Inpatient	<ul style="list-style-type: none"> 24/7 nursing supervision, direct psychiatric care and medication management for acutely ill patients. Focus on weight restoration and medical attention. Nourishing meals and social support help patients increase long-term health and maintain recovery. 	<ul style="list-style-type: none"> Similar levels of support as adult programs. Recovery-focused behaviors and sustainable changes are integrated into family life, enabling family members to become agents of change for patients. Families are contacted weekly for assessment and progress updates. Families are encouraged to participate in Family Week, which teaches family members to build supportive, recovery-focused environments for patients.
Residential	<ul style="list-style-type: none"> For patients who require round-the-clock observation and support but not 24/7 nursing supervision. Structured regimen with more opportunities to learn and practice recovery behaviors. 	
Partial Hospitalization	<ul style="list-style-type: none"> Intensity and structure of residential care without supervised overnight stays. Off-site luxury apartments allow out-of-town patients to practice their recovery while receiving daily therapy and individualized care 11.5 hours a day, seven days a week. 	<ul style="list-style-type: none"> Parents are requested to reside in Denver for two to four weeks to participate in Family Based Treatment. Patients progressively transition to staying with parent(s) each evening and weekend. Parents are actively involved in learning how to support the patient's transition to home.
Outpatient Services	<p>Whether outpatient treatment serves as a first step to recovery or as a transition from a higher level of care, the focus is teaching the skills necessary for patients to remain healthy after leaving treatment.</p> <ul style="list-style-type: none"> Intensive outpatient programming three evenings a week Individual psychiatric evaluation and therapy Family therapy Group therapy Nutritional counseling Variety of support groups 	

Clinical Team



Top:

Ovidio Bermudez, MD, FAAP, FSAHM, FAED, CEDS, Medical Director of Child and Adolescent Services

Enola Gorham, MSW, LSW, Clinical Director of Adult Services

Ken Weiner, MD, FAED, CEDS, Founding Partner, CEO and Chief Medical Officer

Emmett (Rick) Bishop, Jr., MD, FAED, CEDS, Founding Partner and Medical Director of Adult Services

Bottom:

Elizabeth Davis, PsyD, Clinical Director of Child and Adolescent Services

Craig Johnson, PhD, FAED, CEDS, Chief Clinical Officer

Carolyn Jones, RN, LPC, CEDS, Director of Nursing

Not pictured – Bonnie Brennan, MA, LPC, NCC, Clinical Director of PHP; Thomas King, MD, Medical Director of PHP; Marla Scanzello, MS, RD, Director of Dietary Services; Karen Trevithick, PsyD, Clinical Director of Outpatient Services

Additional Staff

Full-time psychiatrists; contract medical staff; individual and family therapists; registered dietitians; registered art therapists; massage therapists; movement therapists; clinical, nursing and support staff.