



# Colorado Support Groups

**Group Description:** This is an ongoing, complimentary support group that focuses on recovery; building on the treatment received while at ERC. There is no cost to attend. There is an optional donation to the Eating Recovery Foundation, payable by check or cash.

**Date: Every Tuesday**

Group is available for adult alumni of ERC programs and individuals in ERC Outpatient treatment.

**Time: 5:00 – 6:00 PM**

ERC Outpatient Facility - Mountain Alder  
7900 E. 1<sup>st</sup> Ave, Suite 200  
Denver, CO 80230

**Facilitator: Dolores Schoonover, MA, LPC, CACII, CEDS**

Dolores DeVargas-Schoonover has extensive experience working with patients with prominent trauma histories, and with eating disorders. She incorporates Family Systems Theory, seeing the family as a whole and that one individual's struggle has recognizing the impact on the family. Additionally, she is trained in Dialectical Behavioral Therapy (DBT) and Eye Movement Desensitization and Reprocessing (EMDR) and Acceptance and Commitment Therapy (ACT).

**RSVP and Contact Info:**

Please call (303) 731- 8926 or email [dolores.schoonover@eatingrecovery.com](mailto:dolores.schoonover@eatingrecovery.com) or [solveig.swanson@eatingrecovery.com](mailto:solveig.swanson@eatingrecovery.com) for more information.

