The **Eating Disorders Information Gateway** is a citation database created by the Eating Recovery Foundation that provides a single portal through which the eating disorders community can access a variety of materials to advance public understanding of eating disorders. Consolidating this essential information minimizes search time, maximizes transparency and provides patients, families and professionals with easy access to relevant information.

The **Eating Disorders Information Gateway** was founded by Millie Plotkin, MLS. As a medical librarian and eating disorder survivor, Millie understands that information is powerful in the recovery process and seeks to simplify the challenge posed to individuals searching for eating disorders information.

In 2013, Millie joined Eating Recovery Foundation to provide extended opportunities for growth of the **Eating Disorders Information Gateway**. In her role as Informationist, Millie has developed a user-friendly interface to meet the research needs of the eating disorders community, and continues to expand the database by cataloguing the most up-to-date eating disorders content.

**Topics indexed in the Gateway include:**

- All official eating disorder diagnoses, including anorexia, bulimia, OSFED, ARFID and binge eating disorder
- Other disordered eating behaviors and syndromes, including night eating, pica and Parader-Willi Syndrome
- Related areas of study, including body image and body dysmorphia, self-esteem, weight-based bullying and Health at Every Size.
- Resources on eating disorders prevention, diagnosis, treatment, insurance and legislation

**Types of resources indexed in the Gateway include:**

- Articles from medical journals
- Articles from non-profit organizations
- Books/Monographs
- Informational handouts
- Reports from organizations and government agencies
- Dissertations/theses
- Documentaries/educational presentations

*Note: Every resource will have a full citation and link to the journal or organization owning the content.*