



Austin Support Groups

Free and open to anyone seeking eating disorder recovery support

Location

Eating Recovery Center
1221 Renfert Way, Suite 250
Austin, TX 78758

Adult Support Group

Date: 3rd Thursday of each month

Time: 6:00-7:00 PM

Open to individuals 18+

Adult Afternoon Support Group

Date: Every Tuesday

Time: 12:30 PM – 1:30 PM

Open to individuals 18+

Group Description:

These groups are ongoing, complimentary, community support groups that focus on recovery. No prior treatment at ERC is necessary. There is no cost to attend. There is an optional donation to the Eating Recovery Foundation, payable by check or cash.

Please note: Group facilitators may shift based on staffing needs

For More Info:

Call 210-503-4590 or email niki.dubois@eatingrecovery.com

