



ERC, California 2019 Eating Disorder Support Group (Family)

Group Description:

Eating Recovery Center, California is offering free community support groups, for those struggling with an eating disorder including anorexia, bulimia, binge eating disorder and other disordered eating issues. Groups are ongoing support that focus on recovery and resilience and are provided as an adjunct to outpatient care. There is no cost to attend. There is an optional donation to the Eating Recovery Foundation, payable by check or cash.

Family Support Group:

Every Thursday

Time: 5:00 – 6:00pm

ERC, California
3610 American River Drive Suite 140
Sacramento, CA 95864

Facilitator:

Please note: Facilitators may rotate based on staffing needs

Call to RSVP/Times subject to change.

If you would like to RSVP or have questions about support groups, please reach out to Nica Selvaggio at (720) 6973177 or email Dominica.Selvaggio@eatingrecovery.com



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