



2017 Support Groups

Date: Second Thursday of every Month

We have three different support groups—one for adolescent alumni (including current IOP), one for adult alumni (including current IOP) and another for families of ERC programs.

Time: 6-7PM

ERC, Dallas
4716 Alliance Blvd., Suite 400
Plano, TX 75093

Facilitators: Jay Franklin (Family Group), Kara Ware (Adult Group) and Kalee Goodman (Adolescents)

Jay works with adolescents and families, and has a gift of spreading hope. Kara is a compassionate, empathetic, and honest therapist. Her love for therapy is fueled by the hope of full recovery. Kalee loves working with adolescents and takes a thoughtful, creative approach to therapy.

Group Description:

These groups are ongoing, complimentary support groups that focus on recovery; building on the treatment received while at ERC. There is no cost to attend. There is an optional donation to the Eating Recovery Foundation, payable by check or cash.

For More Info:

Call 303-731-8832 or email Eleanor.Herman@eatingrecovery.com.

