



Adult Support Group

Dates: Second and Fourth Tuesday of Each Month

Group is available to adult alumni of ERC programs and individuals in the community struggling with disordered eating.

Time: 6:00-7:00 PM

ERC, Houston
7515 Main Street
Houston, TX 77030

Facilitator: Michelle Beaudoin, MFA, MA, LMHC, CASAC



Michelle Beaudoin is a licensed counselor and administrator who finds her work in therapy and behavioral health to be soul satisfying. She is devoted to creating a healing sanctuary for those who enter ERC seeking recovery from eating disorders.

Group Description:

This is an ongoing, complimentary support group that focuses on recovery; building on the treatment received while at ERC. There is no cost to attend. There is an optional donation to the Eating Recovery Foundation, payable by check or cash.

For Questions or More Info:

Call Ellie Herman 303-731-8832, or email
Eleanor.Herman@eatingrecovery.com.

