

### I/R Patient Schedule (Level 2 & 3 Patients)

LOCATION	Time	Monday	Tuesday	Wednesday	Thursday	Friday	LOCATION	Time	Saturday	Sunday		
	6:00-6:45	Vitals/Weights Medications	Vitals/Weights Medications	Vitals/Weights Medications	Vitals/Weights Medications	Vitals/Weights Medications		6:00-6:45	Vitals/Weights Medications	Vitals/Weights Medications		
	7:00-8:00	Bathroom	Bathroom	Bathroom	Bathroom	Bathroom		6:45-7:45	Bathroom	Bathroom		
Birch (Bistro)	8:00-8:45	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Birch (Bistro)	8:00-8:45	Breakfast	Breakfast		
Birch (TLL)	8:45-9:00	Diary Card	Diary Card	Diary Card	Diary Card	Diary Card	Birch (TLL)	8:45-9:00	Diary Card	Diary Card		
Travel		Travel Time	Travel Time	Travel Time	Travel Time	Travel Time	Birch (TLL/FP)	9:00-10:30	Downtime/ Visiting Hours	Religious Services	Downtime/ Visiting	
Spruce (NL-CR)	9:00-10:45	School	School	School	School	School						
	10:30-10:45	AM Snack	AM Snack	AM Snack	AM Snack	AM Snack	Birch (Bistro)	10:45-11:00	AM Snack	AM Snack		
Travel		Travel Time	Travel Time	Travel Time	Travel Time	Travel Time						
Birch (TLL)	11:00-11:30	Community Meeting	Community Meeting	Community Meeting	Community Meeting	Community Meeting	Birch (TLL)	11:00-11:30	Community Meeting	Community Meeting		
Birch (TLL)	11:45-12:00	Diary Card	Diary Card	Diary Card	Diary Card	Diary Card	Birch (TLL)	11:45-12:00	Diary Card	Diary Card		
Birch (Bistro)	12:00-12:45	Lunch	Lunch	Lunch	Lunch	Lunch	Birch (Bistro)	12:00-12:45	Lunch	Lunch		
Birch (TLL)	12:45-1:30	Process Group	Body Image	Process Group	ACT Skills	Process Group	Travel		Travel Time	Travel Time		
Birch (TLL/FP)	1:30-2:30	Rest/Downtime Homework	Rest/Downtime Homework	Rest/Downtime Homework	Rest/Downtime Homework	Rest/Downtime Homework	Spruce (NL - GR)	1:00-1:45	Outing	Anxiety Tools	Open Art Group	
Birch (Bistro)	2:30-2:45	PM Snack	PM Snack	PM Snack	PM Snack	PM Snack				1:45-2:15		Mindful Breathing
Travel		Travel Time	Travel Time	Travel Time	Travel Time	Travel Time	Travel		Travel Time	Travel Time		
Spruce (NL-GR)	3:00-4:30	DBT Skills	Expressive Arts	Nutrition	Expressive Arts	CBT Skills	Birch (Bistro)	2:30-2:45	PM Snack	PM Snack		
Travel		Travel Time	Travel Time	Travel Time	Travel Time	Travel Time	Birch (TLL/FP)	3:00-4:30	Rest/ Downtime	Visiting Hours	Rest/ Downtime	Visiting Hours
Birch (TLL)	4:45-5:00	Diary Card (Optional Time)	Diary Card (Optional Time)	Diary Card (Optional Time)	Diary Card (Optional Time)	Diary Card (Optional Time)		4:45-5:00	Diary Card (Optional Time)		Diary Card (Optional Time)	
Birch (Bistro)	5:00-5:45	Dinner	Dinner	Dinner	Dinner	Dinner		5:00-5:45	Dinner		Dinner	
Birch (TLL)	5:45-6:00	Diary Card	Diary Card	Diary Card	Diary Card	Diary Card	Birch (Bistro)	5:45-6:00	Diary Card	Diary Card		
Birch (TLL)	6:00-6:15	Mindfulness Group	Mindfulness Group	Mindfulness Group	Mindfulness Group	Mindfulness Group	Birch (TLL)	6:00-7:45	Movie	Rest/Downtime Homework		
Birch (TLL/FP)	6:15-6:45	Anxiety Tools	Anxiety Tools	Anxiety Tools	Anxiety Tools	Anxiety Tools						
Birch (TLL/FP)	6:45-8:00	Rest/Downtime Homework	Rest/Downtime Homework	Rest/Downtime Homework	Rest/Downtime Homework	Rest/Downtime Homework						
Birch (Bistro)	8:00-8:15	HS Snack	HS Snack	HS Snack	HS Snack	HS Snack	Birch (Bistro)	8:00-8:15	HS Snack	HS Snack		
	8:30-9:30	Bathroom/Medications	Bathroom/Medications	Bathroom/Medications	Bathroom/Medications	Bathroom/Medications		8:30-9:30	Bathroom/Medications	Bathroom/Medications		
	9:30-10:00	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime		9:30-10:00	Bedtime	Bedtime		

Revised: 8/10/2016

I/R Schedule

KEY	Birch- IP/RES facility	TLL - Turquoise Lake Lounge	CR - Classroom	FP - Fireplace		Spruce - PHP facility	NL-CR - New Leaf Classroom (small)	NL-GR - New Leaf Group Room (large)
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