Now Your Patients' Progress Really is in Your Hands.

Recovery Record is an innovative Eating Disorder Management App that enables you to stay connected with Eating Recovery Center alumni who are now under your outpatient care. This leading-edge mobile app can now be yours to use with ERC alumni, free of charge, to keep you up to date with timely information on your patients' ongoing progress. ERC is the only eating disorder treatment program offering free access for outpatient providers working with ERC alumni.

Eating Recovery Center has always supported the continuum of care.

Eating Recovery Center (ERC) is the only vertically integrated health care system dedicated to the treatment of eating disorders at every stage of the illness. That includes our support for outpatient care and those like you who provide it.

As our alumni move on the next leg of their journey, the Eating Recovery Center team does everything it can to ensure a seamless transition from our care to yours. Not only do we provide you with access to historical patient data, but we are also the only eating disorders treatment network that offers you a mobile link to our alumni through a customized version of the Recovery Record Clinician app — your free as a provider of outpatient care.

With the Recovery Record app, you can easily keep track of your patients' status while Eating Recovery Center uses it to collect data as part of our commitment to research into eating disorders and treatment outcomes. So stay connected with our ERC alumni free of charge. Download the Recovery Record Clinician app today.

For questions or more information, please contact the ERC Recovery Record team at **recoveryrecord@ercpathlight.com**

Recovery Record App at a Glance

Used by more than **1 million people** with eating disorders

Has recorded more than **50 million** self-monitoring sessions to date

Supports **CBT, ACT** and **DBT**
- *Cognitive Behavioral Therapy*
- *Acceptance & Commitment Therapy*
- *Dialectical Behavior Therapy*

Is **HIPAA-secure** while providing real-time access to patient program data

Download on the **App Store**

GET IT ON **Google Play**

Recovery Record | **Eating Recovery Center**

Recovery Record in 3 easy steps

Step 1: Register
If you have an iPhone, iPad or Android device:
• Go to the App Store
• Search for "Recovery Record Clinician"
• Click "Install"

You may also register at **recoveryrecord.com**

Step 2: Explore
You will then receive the Clinician Handbook by email. This step-by-step guide also lets you link to the Recovery Record patient appp so you can feel what it's like to walk in your patient's shoes.

Step 3: Link
Finally, give your patients your 5-digit link code found in the "My Profile" section. When typed into the Clinician Connect section of their app, you will be invited to link up with them. Any links with ERC discharged patients are marked "Sponsored by ERC." There is no cost to you.

For questions or more information, please contact the ERC Recovery Record team at **recoveryrecord@ercpathlight.com**

Recovery Record is HIPAA complaint. Your data is encrypted and secure.

Recovery Record is:
HIPAA-compliant to keep patient information secure even when shared with treatment teams.

Not to be used by patients to report emergencies to you. Patients agree to this in the Terms of Use.

To be used at your discretion. Like email, you are not required to respond to patient reports.

Not to be used as a source for medical, legal or psychological advice, diagnoses or treatment.

Recovery Record allows you to:

Customize questions, skills, goals and meal plans to meet your patient's unique needs

Activate treatment plans and skills patients can use in their daily lives between visits

Optimize the focus and intensity of care with timely progress dataMaintain accountability by setting patient expectations on how you will use their data

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Master's-level clinicians are available for care consultation and assessment. | Please contact us to schedule a free consultation.
1-877-825-8584 • EatingRecovery.com

Most commercial insurance accepted

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