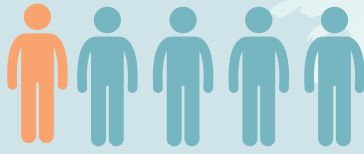


THERE IS A GROWING MENTAL HEALTH CRISIS IN AMERICA



1 IN 5 ADULTS experience **mental illness** each year.¹

20% of youth ages 13-18 live with a **mental health condition**, with **1 IN 6 REPORTING THEY HAVE A SUICIDE PLAN.**¹



We've treated **more than 7,000 patients** virtually since 2016.


POSITIVE INTENSIVE OUTPATIENT PROGRAM OUTCOMES

PATIENTS SHOW...

MORE THAN 40% improvement in anxiety, depression and PTSD symptoms.²

MORE THAN 50% improvement in eating disorder behaviors.³

HIGH LEVELS OF ENGAGEMENT


An almost **90%** ATTENDANCE RATE.⁴

More than a **25%** higher COMPLETION RATE than on-site IOP.⁴ 

1. National Alliance on Mental Illness, Mental Health By the Numbers. June 2022. | 2. General Anxiety Disorder-7 (GAD-7), Eating Recovery Center, Patient Health Questionnaire-9 (PHQ-9), Eating Recovery Center, PTSD Checklist for DSM-5 (PCL-5), Pathlight. November 2020 - April 2022. | 3. Eating Disorder Examination Questionnaire (EDE-Q), Eating Recovery Center. November 2020 - April 2022. | 4. Michel, D.M., O'Melia, A.M., Mathes, W.F., & Tallent, C.N. (2022). Telebehavioral health intensive outpatient program attendance and length of treatment compared to in-person service. [Manuscript submitted for publication].

Please contact us to make a referral or schedule a free consultation with a master's level clinician. 1-877-825-8584 | Fax: 425-974-1530

For a list of current programs and states, visit: EatingRecovery.com/AtHome | PathlightBH.com/AtHome