

Become an Eating Disorder Informed Professional Today



Eating Recovery Center offers an eating disorder informed professional designation continuing education program to support school professionals, providers, educators and administrators in learning about, identifying, assessing and providing early intervention for eating disorders.

WHAT YOU GET

- Six continuing education hours of in-depth training on eating disorders
- Foundational, fundamental knowledge on eating disorders
- Supplementary resources to help guide clients to treatment
- Certificate of completion, sticker, pin and door hanger to signify knowledge, credibility and reputability



PUTTING IT INTO PRACTICE: YOU'LL LEARN...

- How to identify and assess for disordered eating and eating disorder behaviors
- How to internalize and explain that eating disorders and disordered eating behaviors are not a choice
- How to use language that neither elicits shame or guilt nor triggers eating disorder thoughts and behaviors
- How to help students and clients receive professional support and/or treatment to facilitate a path to recovery
- ∀ How to recognize compulsive exercise and eating disorders in college athletes

Pappreciated this course so much. It both inspired me to keep learning and added to my knowledge as a practitioner.

– Cami J.



